

# Little Known Soccer Facts

1884

American  
Football  
Association  
Newark, NJ.  
First Association  
outside of UK



# Little Known World Cup Facts

First W.C. Hat trick

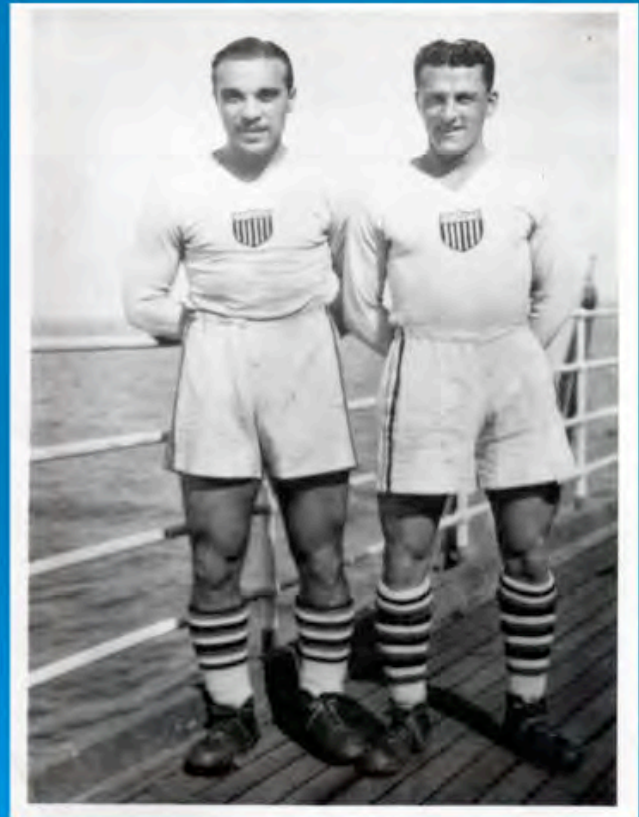
Bert Patenaude

1930 USA 3 Paraguay 0

First Non Italian to  
meet the Pope

Billy Gonsalves

1934 World Cup MVP



# American Isolationism

Until the age of t .v. and the jet plane  
the

United States developed as an  
isolationist country, with  
a, very, different philosophical,  
lifestyle and sports culture from  
Europe.

# History of US Sport

**1870 – 1930**

**The Development of  
Sports Cultures.**

**Walter Camp – The  
Father of American  
Football**



**Soccer cancelled  
in the 1932**

**Olympics due to the  
lack of interest in  
the sport in the  
USA.**

# Collegiate Sport



# Obstacles to Growth

“ It is not always how high you get to that counts but what you have to overcome to get there.”

Barack Obama



# History of Men's US Soccer



1930 WC

Mexico

1934 WC

El Salvador

1938 DNP

Honduras

**1950 WC!!!**

Jamaica

1954 WC

Costa Rica

1958 DNQ

1962 DNQ

1966 DNQ

1970 – DNQ

1974 – DNQ

1978 – DNQ

1982 – DNQ

1986 - DNQ

# USA Qualification for the EUROS

“0”



# United States Soccer

US Men's National  
Team

World Cup  
appearances.

1990, 1994, 1998, 2002,  
2006, 2010



# United States Soccer

US Women's  
National Team

World Cup  
Appearances

1991(Champions)

1995(Third)

1999(Champions)

2003(Third)

2007(Third)





# Coaching Is The Key To The Rise of the USA

How Coaching Has Helped  
America Become a World Soccer  
Power



# Jeff Tipping

Director of Education  
and Coaching  
Development  
National Soccer  
Coaches Association  
of America

31,000 members



# NSCAA

**A uniquely positioned and progressive  
organization**

**“Coaches Supporting Coaches”**

# NSCAA Mission Statement



The National Soccer Coaches Association of America (NSCAA) helps its members excel in their coaching careers as well as advances the coaching of soccer, thereby improving players, through a commitment to provide the best coaching education, convention, and member services and benefits to the soccer community.

# NSCAA Annual Convention

NSCAA Convention

The Largest Soccer  
Coaching Educational  
Event In The World

Baltimore

Jan 12 – 16

2011



# States United of America Isolationism





# The New American Soccer

1970

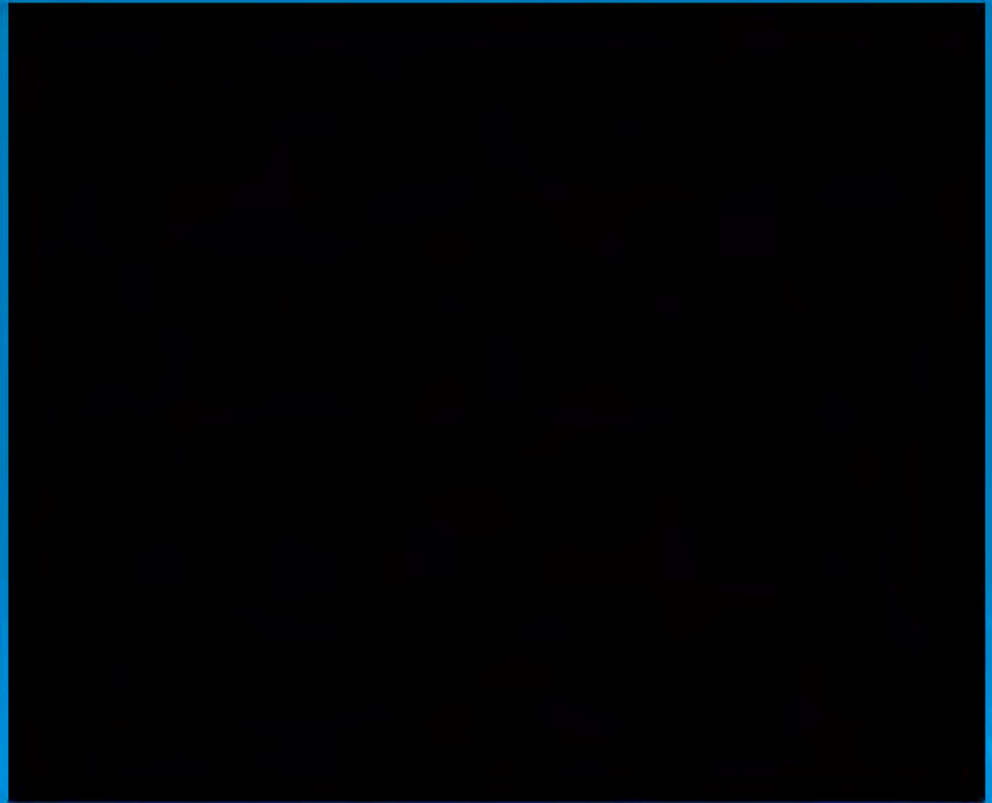
United States Soccer  
Federation hire  
Dettmar Cramer

Technical Director  
And  
National Team  
Coach.



# Global Influence

The America of  
2008 was a  
very different  
soccer country  
than 1973



# Main Factors

American Desire for Excellence.

1994 World Cup.

Major League Soccer

Second Generation Sons and Daughters.

Title IX – Soccer Moms.

Global Influence.

Latin Influence.

American players overseas.

Coaching and Coaching Education.

# American Desire To Learn and Improve.



# Brazil

What did we learn?

1. The development and selling of soccer players is a major industry in Brazil.
2. Application of sports sciences to player development.
3. Repetition is the key to creativity.



# Brazil – Sport Science, Repetition, Movement training.



# 1994 World Cup

Brought in \$75m.

Established U.S. Soccer Regional Coaches.

Raised interest in soccer in USA.

Developed base for Major League Soccer

# MLS – Development Of A Soccer Culture





# New Soccer Specific Stadiums



Das verknüpfte Bild kann nicht angezeigt werden. Möglicherweise wurde die Datei verschoben, umbenannt oder gelöscht. Stellen Sie sicher, dass der Link auf die korrekte Datei und den korrekten Speicherort zeigt.

# Second Generation Sons and Daughters

1970 Dallas Tornado



*Standing, from left to right — Paul Waters, Executive Director, Mike Renshaw, Pepe Dill, Howard Meekuta, Bobby Moffat, Frank Hason, Ricardo Padilla, Phil Timney, and Ron Newman, Manager-Coach.  
Kneeling, from left to right—Ken Cooper, Oresto, John Beat, Pavle Gorov, Roy Turner, Brian Harvey, Luis Jurney, and Marko Pejovic. Not pictured is Kirk Apostolidis.*



# Second Generation Sons and Daughters

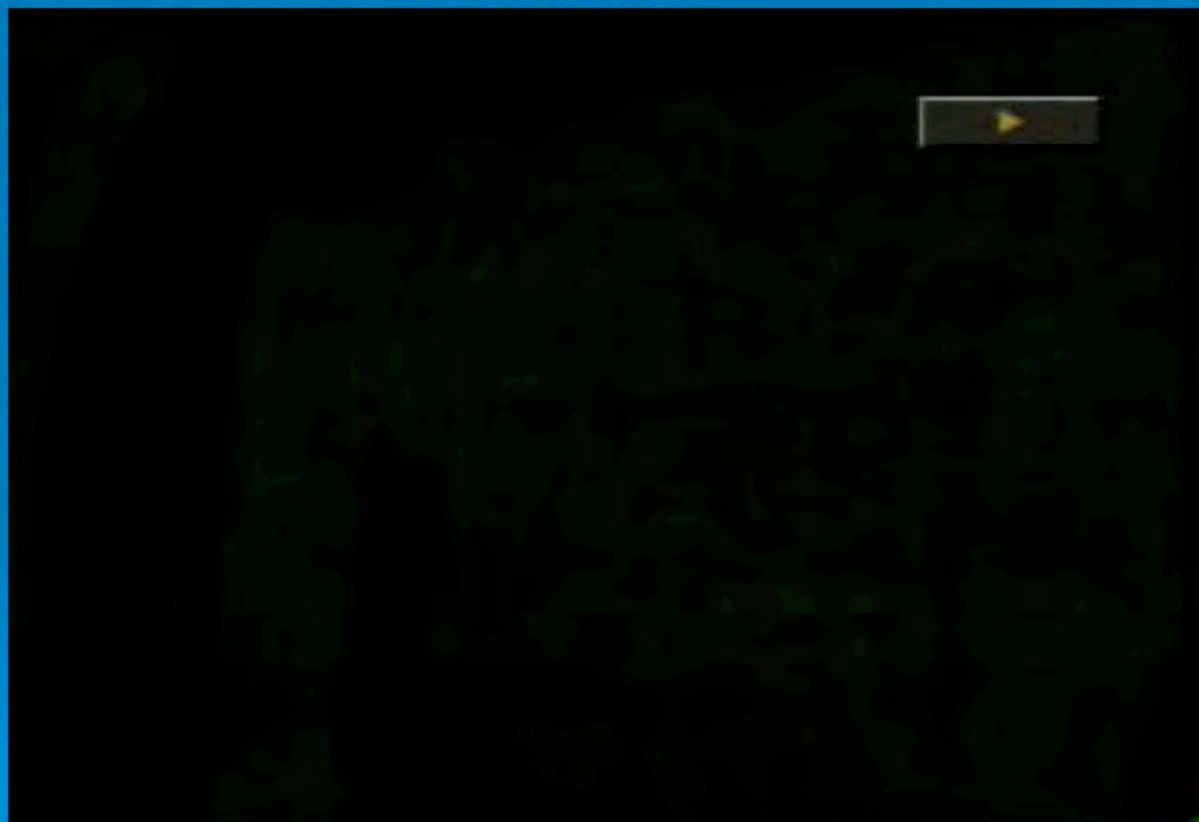


# TITLE IX

The  
American phenomena  
The “Soccer Playing”  
mom



# Women's Game



# Global Influence In US Soccer

Franciszek Smuda

Hartford

Bicentennials,

Oakland Stompers,

Los Angeles Aztecs

San Jose

Earthquakes.



# Polish Managers - MLS

- Peter Nowack
- Philadelphia Union



Robert Warzycha  
Columbus Crew



# One Polish Player

Krol Krzysztof – Chicago Fire/Jagiellonia  
Bialystok,





# USA versus Poland

- 10/10/2010 Friendly USA vs Poland:2 - 2
- 27/03/2008 Friendly Poland vs USA :0 - 3
- 02/03/2006 Friendly USA vs Poland :1 - 0
- 14/06/2002 WC02 Poland vs USA :3 - 1

# Latino Population

- Most MLS literature is bilingual
- Chivas, USA (Guadalajara, Mexico) is in the League
- NSCAA Latino Division
- NSCAA Latin American Soccer Coaches Committee
- Trips to Latin America



# Americans Overseas

England – 9  
Germany – 7  
Mexico – 4  
France – 3  
Denmark – 3  
Greece – 1  
Scotland – 1  
Sweden – 1  
Norway – 1  
Italy – 1  
Spain - 1



# NSCAA Coaches Coaching Internationally



# American Sports Culture

“Due to the focus on coaching and the influence of coaches in their sports the role of the coach has been much more central in American sports than in other countries.”

# Vince Lombardi

The harder you work,  
the harder it is to  
surrender.

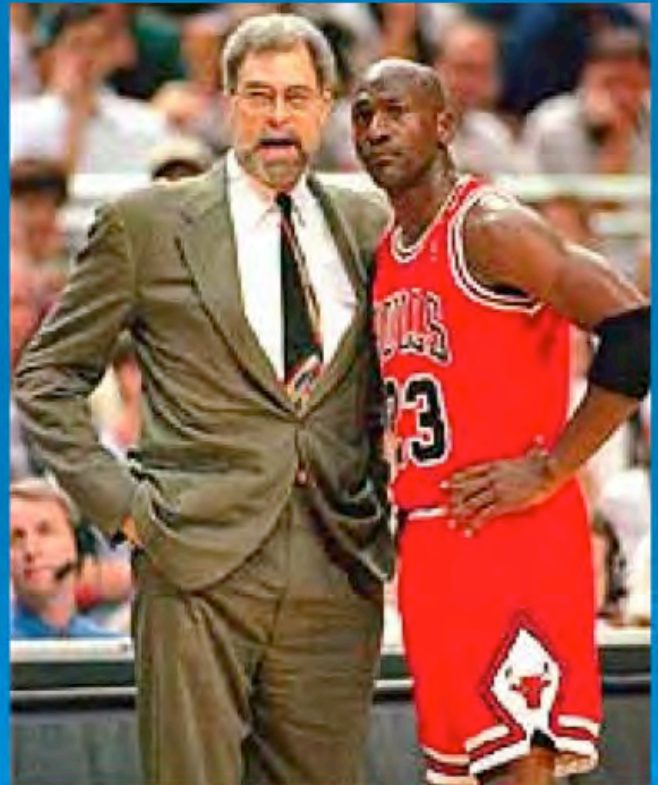
Vince Lombardi



# American Respect For Coaching and Teaching

Phil Jackson.  
“Sacred Hoops.”

Managing the Big Stars



# John Wooden



- “The main ingredient of stardom is the rest of the team.”

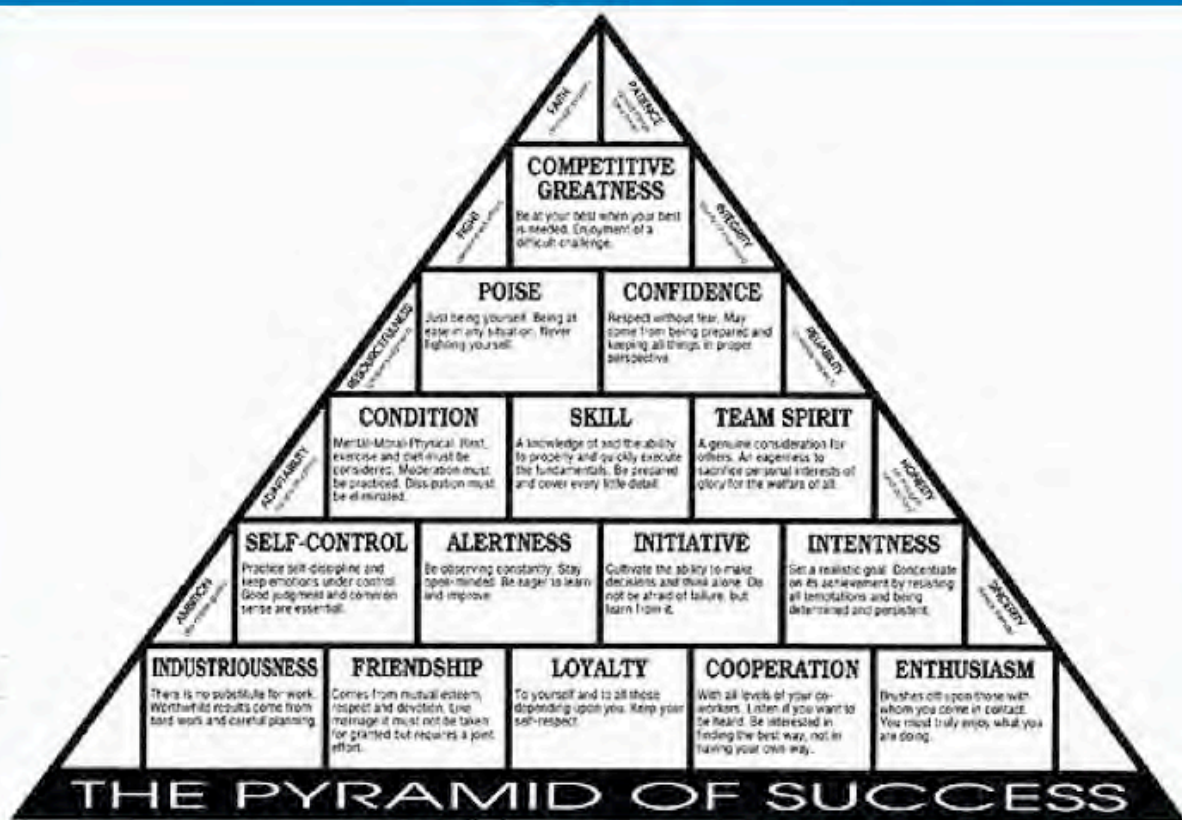
John Wooden

- UCLA set the all-time record for an unbroken winning streak: 88 consecutive games.

➤ —



# Wooden's Pyramid of Success



# Anson Dorrance

“Coaches.....are not willing to confront players when they are not exerting maximum effort and achieving maximum performance because it’s a stressful, uncomfortable situation. To constantly motivate players, you have to be a driving force and make personal investments for which you can pay dearly.”



# Bob Bradley

## USMNT Head Coach

- **USMNT 38 wins and 42 goals to qualify for S Africa were the most of any team in the world.**

**Bob Bradley**

### **Career**

- **1981 Head Coach Ohio University**
- **1983 and 1984 Asst. Coach Virginia University**
- **1984 – 1993 Head Coach Princeton University**
- **1994 – 1996 US Asst Olympic Coach**
- **1996 – 2006 MLS Head Coach**
- **2006 – present USMNT Head Coach**



# Leadership

Building The Team

Building The Team Behind The Team



# American Soccer Coaching Legends



# American Soccer Coaching Legends



# NSCAA National Instructional Staff

3 National Staff have won Women's World Cups

Anson Dorrance

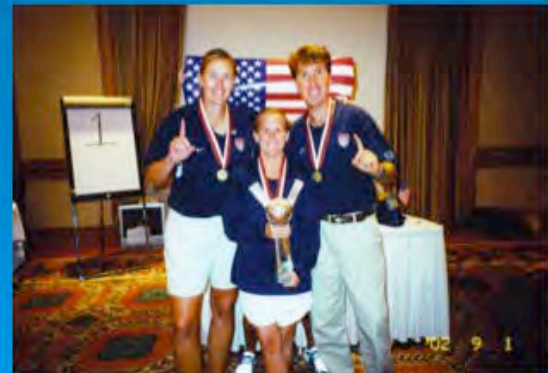
Tony DiCicco ( Two )

Tracey Leone



1 Olympic Gold

Tony DiCicco



# NSCAA National Instructional Staff

13 National Staff  
instructors are  
female





# International Influences on American Coaching



European FA's

Latin America

# The American Coach

## Strengths

Education

Coaching values

Open minded  
and  
willing to learn



## Weaknesses

Playing  
background.

Reading the  
Game.

Functional  
knowledge.

Poor club  
structure.

Realistic training  
exercises.

Management

# NSCAA Initiatives

No Playing Requirement

Teaching ability  
tantamount



# NSCAA Courses

## Youth

Youth I (5-7 years – 2.5hrs.)

Youth II (5-9 years – 5 hrs.)

Youth III (5-8 years – 13 hrs)

Youth IV (8-11 years – 21 hrs)

Intermediate V(11 – 16 years – 13 hrs)

Intermediate VI (11 – 18years – 21 hrs)

## GK

GK I - Intro(5 hrs)

GK II – Intermediary(13 hrs)

GK III – Advanced(21hrs)



# NSCAA Courses

Director of Coaching  
Diploma(21 hrs.)

High School Coaches  
Diploma(21 hrs.)

Special Topics  
Diploma(6 hrs.)

Reading the Game  
Diploma(6 hrs.)



# Reading the game

## Players and Referees Perspective



## Coaches Perspective



# Reading the Game



# Reading The Game

**High School, College,  
MLS / WPS.**

**Every course has a  
“Reading The Game”  
test.**





# Residential Courses

National, Advanced  
National, Premier and  
Advanced National  
Goalkeeping  
Diplomas

150 hours of field  
instruction



# National Diploma

50 Hours

Designing a Practice.

6 v 6 Course.

Technical Teaching.

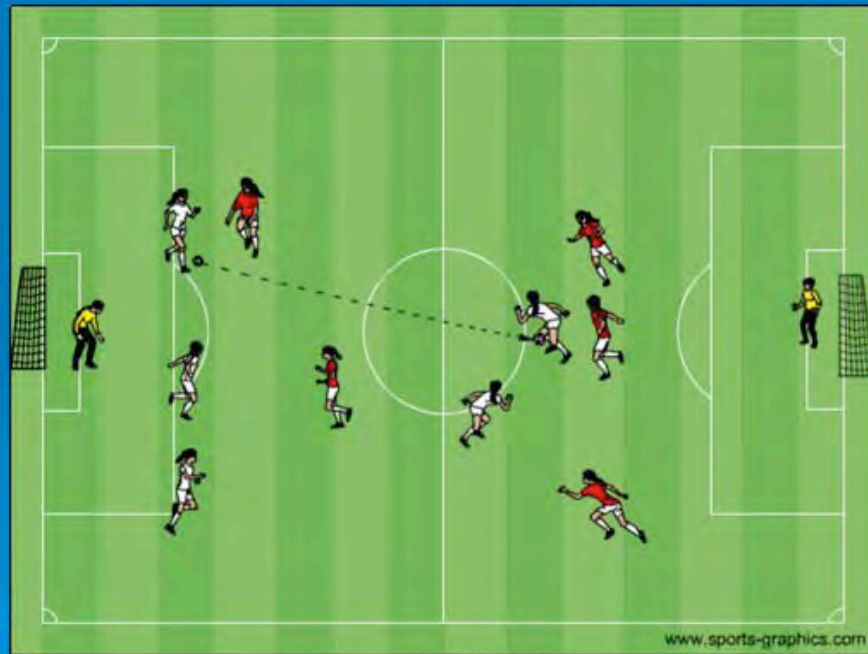
Role of the Individual.

Functional Roles.


Training From Simple

To Complex.

Coaching In The game.



# Role Of The Individual



Chelsea F.C. Academy - Player Role Responsibilities

## Central Defenders - No. 3 & 4

### Key Responsibilities:

#### Defending

- Along with the goalkeeper, central and defend the space between you and the other central defender to stop opposition penetration.
- Combine with fellow defenders to maintain the defensive security and structure of the team, especially centrally.
- Organise and direct other team members when defending.
- Support and cover fellow central and flank defenders.
- Mark, track and 'control' forwards in dangerous positions.
- Combine with other defenders in marking and 'pressing' on attacking players.
- Mark opponents in space in order to be first to the ball on crosses.



#### Attacking

- Give a passing outlet for the goalkeeper and other players in defensive and midfield areas.
- Retain possession, progressing where possible.
- Move into midfield areas when appropriate, with or without the ball, to create overball situations.
- Make sure the team has sound defensive structure and balance as the ball goes forward.



#### Skills

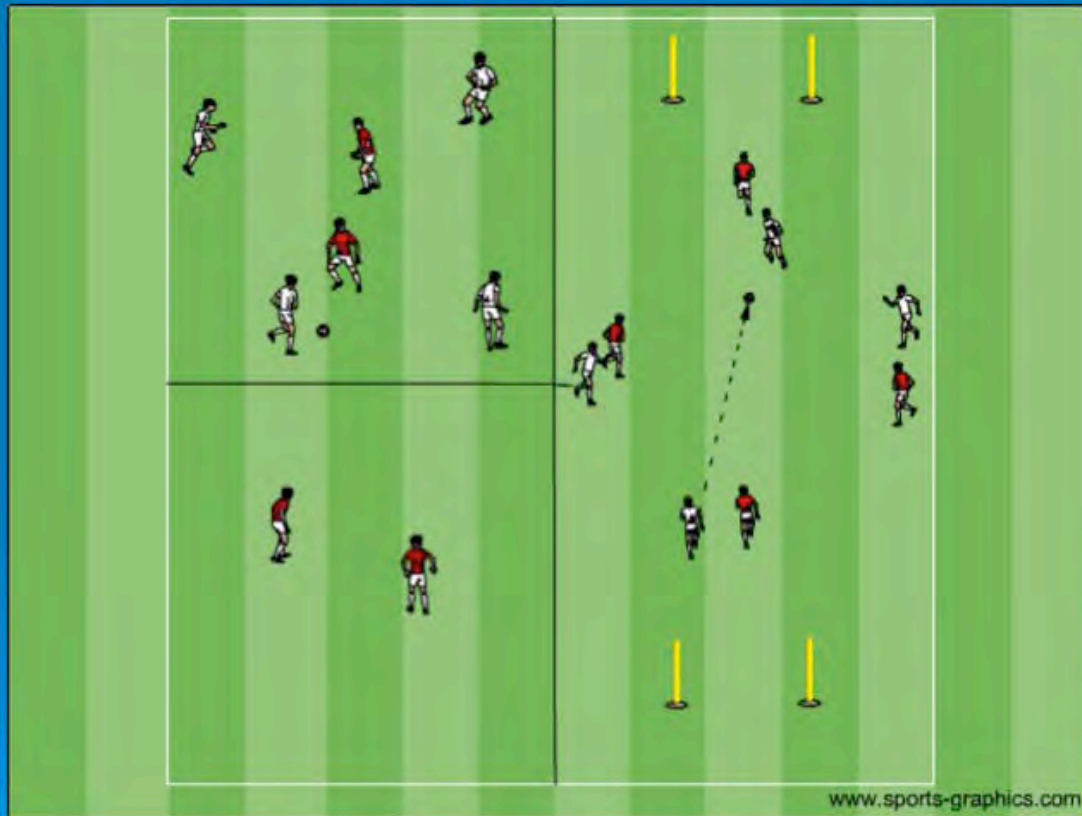
- Marking, tracking and back-tracking.
- Heading, challenging and tackling.
- Competing in 1 v 1 situations - pressing, showing, delaying.
- Heading.
- Efficient tackling.
- Passing over all ranges.
- Combination play (especially with passes).
- Slipping.
- Running with the ball.



# Technical Teaching



# Progressive Teaching



# Advanced National Diploma

8 v 8

Functional Training  
Small Group Functional  
Training  
Phase Play  
Shadow Play  
Coaching In The Game  
Unit Analysis



# Shadow Play

## 8 v 0



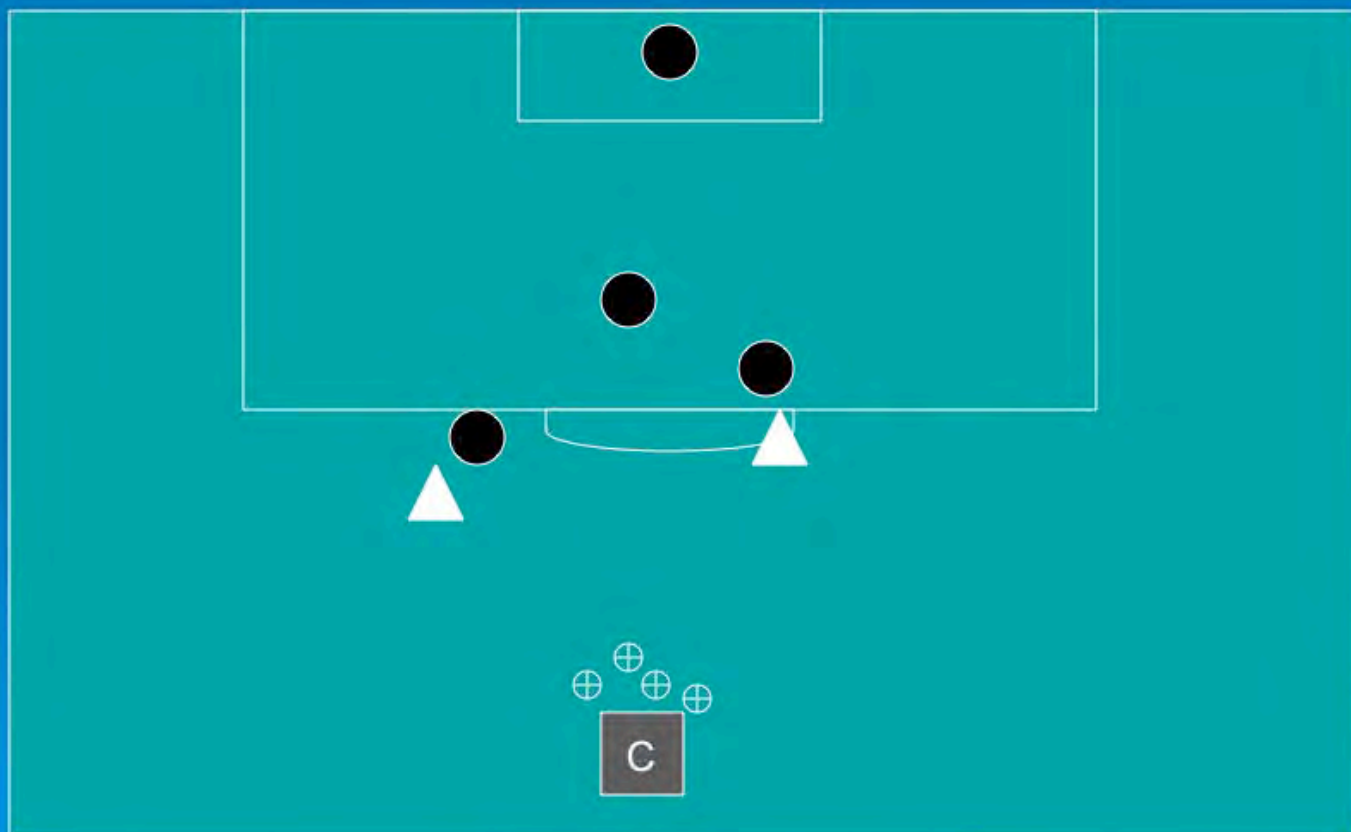
# Partially Opposed Shadow Play

## 8 v 3

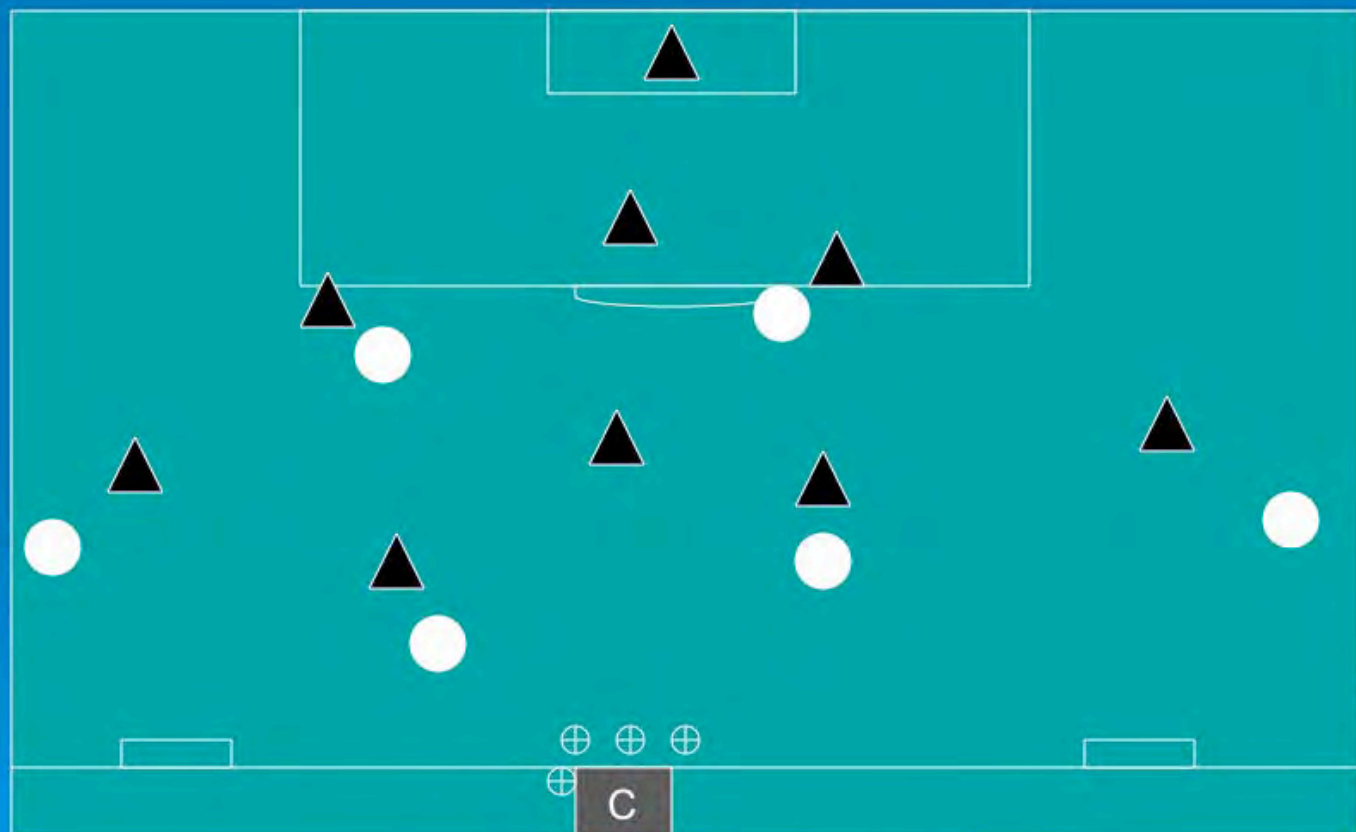




# Small Group Functional Training



# Phase Play cont'd...



# NSCAA Premier Diploma

11 v 11

Knowledge Of Strengths  
and Weaknesses of  
Systems of play

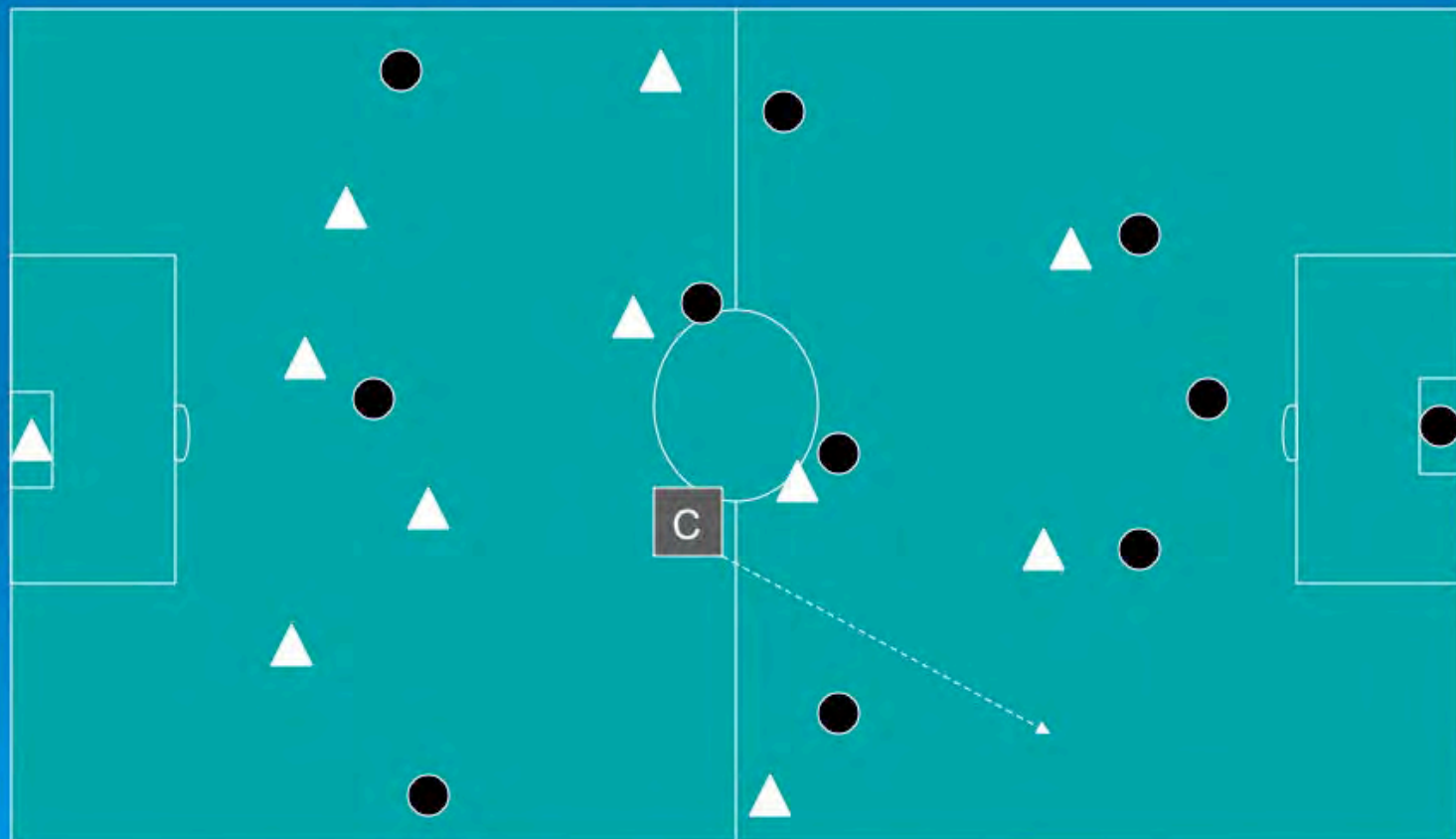
Management,  
Leadership,  
Psychology



# Coaching in the Game

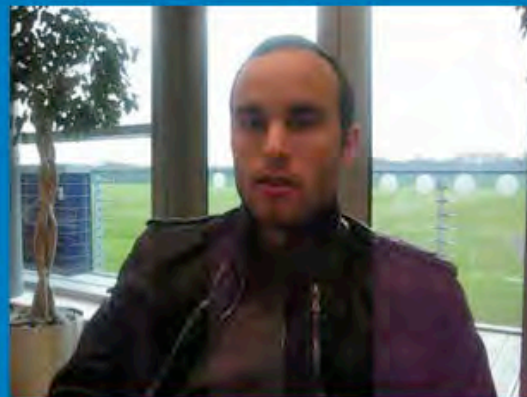


# Coaching 11v11 cont'd...



# Transition in all things

1. Counter attack strategy.  
(Force in or out –  
positioning of forwards  
etc.)
2. Interception. (Tackle or  
interception)
3. Quality of first  
movement forward.  
(Direct pass, into feet,  
dribble, sideways etc.)
4. Keep the counter going.  
(Switch it.)
5. Finish.



# NSCAA Master Coach Independent Study

## Management

**Special Topics in Leadership, Promoting the Game,  
Management, Fitness & Nutrition, Psychology, Self  
Development.**

**MLS visit, Logbook, Team Video Analysis, Monthly Conference  
Calls.**



# The End Product - The DaVinci Coach

Educated.

Experienced.

Professional.

Teacher.

Manager.

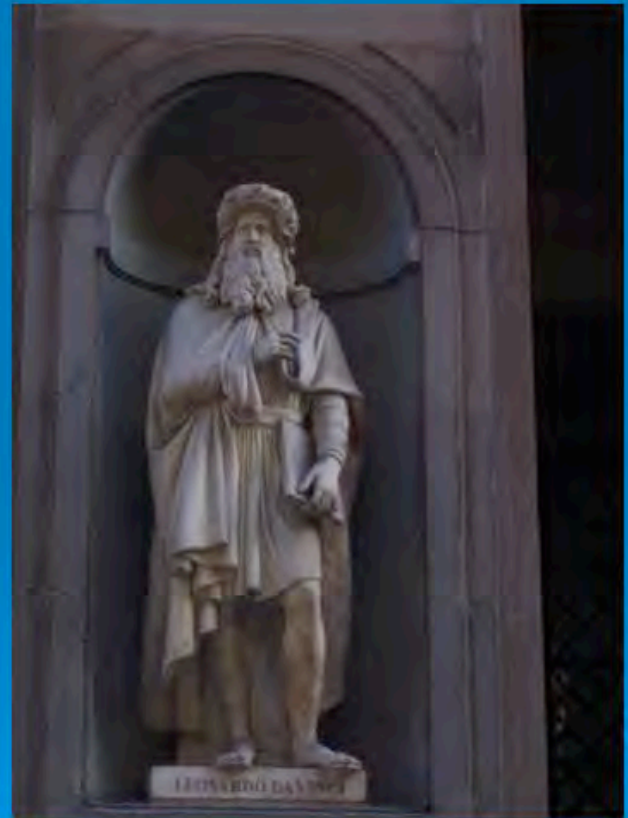
Mentor.

Promoter.

Learner.

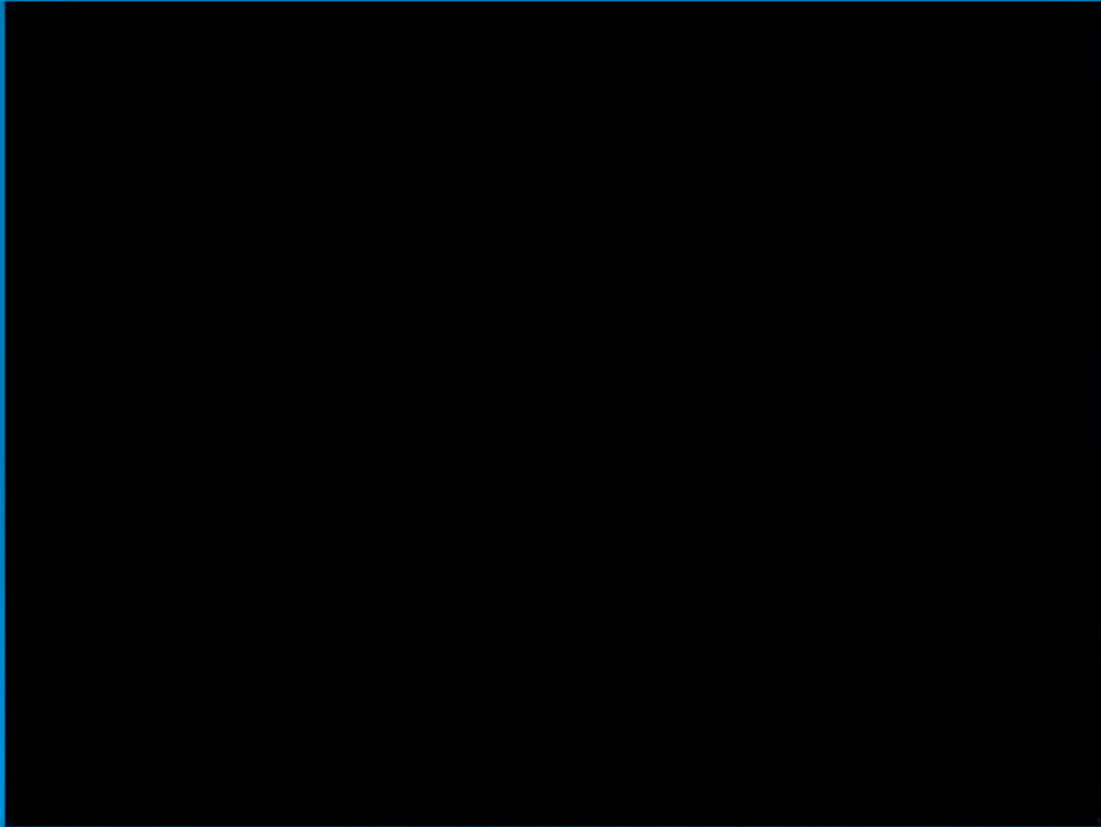
Explorer and Analyzer.

Competitive.





The End Product Is Not.....



# NSCAA Family

**“The NSCAA would like to thank the  
Polish FA and AEFCA for their  
hospitality.**

**See you in Baltimore Jan 12 – 16, 2011.**

# Wesołych Świąt

